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Community & Public Health  
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Deadline for submitting information for next newsletter  
is 5 December 2014 - articles can be emailed directly to:  
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WAVE newsletter is published quarterly

## Kia ora koutou, Greetings to you all.

### Ma whero ma pango ka oti ai te maki

With red and black the work will be complete.

This whakatauki refers to co-operation where if everyone does their part, the work will be complete. The colours refer to the traditional kowhaiwhai patterns on the inside of the meeting houses.

Beginning a new job in South Canterbury as Team Leader with Community & Public Health, this whakatauki is very apt as I experience daily the value of working together. I'm fortunate to be working with a great team who are supporting me as I settle in, and patiently answer my queries!

It also aligns with the values underpinning WAVE – working together, enabling opportunities for everyone to participate, and collectively undertaking the work. There are some great stories in this newsletter that demonstrate this happening throughout the district.

As the WAVE Facilitators meet with you to evaluate how the year has gone, it is a chance to celebrate all that has been achieved throughout the year. It also provides ideas for where your education setting is keen to progress with WAVE in the coming year.

In some instances this will involve professional development opportunities, and the WAVE team are finalising the professional development plans for 2015.

I would like to take this opportunity to introduce Amanda Goodman, our new WAVE Administrator. Amanda has returned to the South Island after living in Auckland and is quickly settling in. Amanda brings great administration experience to her role and is enjoying being part of the WAVE team.



Rose Orr (left), Amanda Goodman (right).

As everyone heads into the busy time ahead, the WAVE team wish you all the very best for a happy, safe and peaceful summer break.

Noho ora mai (stay well)

**Rose Orr - Team Leader**

**Whakatauki Reference:**  
<http://www.maori.cl/Proverbs.htm>



*Keep encouraging your settings community to like the WAVE Facebook page for regular updates, competitions, links and other useful information.*

# WAVE Resource Centre

## Enjoying some new WAVE resources

The children from Childsplay Homebased Education Service have been enjoying the new foam shapes that the WAVE Resource centre has. It has been amazing to watch how differently they have all been used, and by a variety of ages.

The absolute favourite piece of equipment was the Gymnastic Triangle Soft Shape. It was used to climb up and jump off. It was used to climb up and slide down. The best discovery was that it made an awesome 'horse', that was large enough to carry not only children but supplies too.

Not only did these foam shapes provide opportunities for physical development but the thinking and reasoning and team work that was developing along side that was awesome to watch.

We totally recommend these pieces of equipment to everyone.



# Early Childhood Education

## Tī Kōuka Kindergarten

At Tī Kōuka Kindergarten leading up to the Matariki celebrations (late May early June), we spent our WAVE funding to buy timber and soil for three raised garden beds.

Tamariki thoroughly enjoyed participating in transporting timber and also watching the truck come to the Kindergarten entrance and dump the soil. Colin (our handy man), built the gardens with tamariki assistance. We have recently purchased four fruit trees and we had one donated from Nancy (who has since retired from her teaching position at Tī Kōuka Kindergarten). Tamariki thoroughly enjoyed planting the trees with Rachel (teacher) and her father. We found so many worms (a great sign)!

We were thankful to have also been donated vegetable plants from the Corrections Department. Our whānau of Tī Kōuka have also been very giving and we have had numerous families and teachers bring in seeds and plants.

Our vegetable gardens are looking full and children have been caring for the plants on a daily basis – watering and removing shade covers so they can get full sun exposure during the day.

Kia Ora WAVE, we are grateful for your funding support. Please feel free to come and sample some of the delicious fruits and vegetables in hopefully the not too distant future.....



# Early Childhood Education

## Clandeboye Preschool

Our centre has been working along side WAVE to further develop our bicultural identity within the centre. This has supported our centre to enhance the resources that we use with our tamariki, therefore being able to teach them how to use poi.

Tamariki have also continued to learn basic te reo through the implementation of interesting and relative board stories and activities.

With WAVE funding, our centre was able to purchase 24 sets of poi (that is enough for every child and teacher to use at the same time) and new up to date interactive board stories.

Thank you, Clandeboye Preschool



## Rural Scholars Early Learning Centre



Rural Scholars Early Learning Centre in Waimate have recently purchased wet weather gear for all of our children. The children are having great adventures as they dress themselves up in the wet weather gear and go exploring on days that they would normally need to stay inside or to keep off the grass.

This is resulting in the children bringing their gumboots and going outside to make their own discoveries of the environment. The wet day adventures allow our children to find their own working theories and findings. Our children are also showing high levels of problem solving skills, positive risk taking, co-operation, negotiating and the sheer delight of just being outside in the mud and rain.

If you would like to see more of our wonderful adventures, visit us on Facebook

<https://www.facebook.com/pages/Rural-Scholars-Early-Learning-Centre/220030047570>



# Primary Education

## Timaru Christian School

At Timaru Christian School we have got a new worm farm so that we can get worm juice for our gardens. We will be putting our food waste into the worm garden which is great for our

environment. The WAVE Team will be running the worm farm and feeding them each week. We were very lucky to get it from the District Council and the worms from Fliss at WAVE. We might give all

the worms a name if they stop moving around so much.

**By April Omelvena**



Josiah with the worm farm.



Felicity, Josiah, Tafu, Hannah, Bethany (Principal), Jemima, April.

## Pareora Primary School



The Pareora coffee group have had a busy term meeting weekly for cooking classes, cooking lunch for the children at school and getting a new community garden cleared and ready for planting. Unfortunately the garden that was on loan to the group last year became unavailable when the property was



sold but word got out and it wasn't long before a new venue became available thanks to the generosity of another local couple. With potatoes and carrots already planted, Christmas dinners in Pareora are sure to be a hit with everyone.

# Primary Education

## Bluestone School

Upon arriving at Westend Kindergarten the four of us (Arwen, Hayley, Hillary and myself) were immediately swarmed by little kids. Hillary was given a hat by Skylah, one of the girls.

The kindy kids were called to the mat and we set to work preparing the food: peeling the mandarins, washing the grapes and so forth. While we were preparing, the kindy kids put on a Kapa Haka performance for us. When we were ready the teachers let the kindy kids wash their hands and come up to the table.

From then on it was a whirlwind of little people crowding the table, reaching for the fruit to put on their skewers. Many children came back for seconds but eventually they had had enough and we were allowed our own. After we had had our own fruit kebab, we packed up and were on our way.

We really enjoyed the experience and believe that it is a great

way to help out the community. Thank you Josh from WAVE for helping us.

**Written by Emma Kirkwood, Deputy Student Councilor for Room 17 at Bluestone School**



## Geraldine Primary

The school has had some new changes lately with a new principal Andrew Leverton and two new WAVE Lead Teachers and first year teachers Sarah McCone and Amy Trainor. The Geraldine Primary School WAVE Team has been busy consulting with staff and students on what health and well-being initiatives they would like to develop for 2014 and beyond.

The WAVE Team after consultation with staff and students has identified the school playing field drainage as a concern as students cannot play on the field for a number of weeks after rain has fallen. This can cause congestion problems and space for play has been heavily reduced. The WAVE Team is contacting a local building contractor to ask for advice to better drain the playing field. The team has also consulted the school BOT and PTA on the playing field initiative so everyone is part of the decision and planning process.

The WAVE team are displaying information about WAVE in their school reception area, along with a photo of the WAVE

team and also what health and well-being initiatives they are working on currently. This will inform all visitors to the school about what WAVE is and what the WAVE Team are doing. The Geraldine Primary School WAVE Team looks forward to supporting the school community with their health and well-being initiatives.



# Primary Education

## Morven School



Dillon and Jayden planting Monty's Surprise.



Arapeta and Scott helping Amber plant the Black doris plum correctly.

### Morven School Orchard

Early in 2014 we received a grant from WAVE to buy some fruit trees to add to our vegetable garden. We sent away for brochures and chose eleven types of heritage fruit trees to plant along the edge of our sport field.

We have a Seckels pear, a Mihi peach, Satsuma, Santa Rosa, Black Doris and George Wilson plums all planted alternately with Tara Road, Wintergold, Rainbow Valley, and Monty's Surprise apples. The Ben Yen lemon is in a big pot on the verandah.

Because we were celebrating the Morven Commonwealth Games, each country planted a tree, so we can report back to the diggers and planters about the growth and harvest when they have left our school.

The games were a great success and we have high hopes that our fruit trees will settle in and perform as well as the New Zealand athletes have done!

Thank you WAVE, from Morven School

## Gleniti School

On a cold, foggy June morning, the WAVE Team members and their families, as well as the Timaru Rotary Club, came along to Gleniti School to build four new raised garden beds (one for each of our learning teams).

While we'd had edible gardens for several years, we were ready for something bigger and better. The Rotary Club kindly donated the resources and their time to help us with our task.

Our caretaker Allan McCambridge has been a wonderful help, filling the gardens for us to get all ready for planting.

Now that it is Spring, we are just getting started with planning how we will use our gardens.

We are looking forward to growing healthy vegetables and sharing them with our community. We are using the opportunity to practise our Gleniti ARCHER values, such as Caring and Responsibility. We also plan to use the gardens as a context for learning some Te Reo Maori.

**Sarah and Taylor – WAVE Student leaders and Sarah Spittal – WAVE Lead Teacher**



# School Travel Plan

## Bluestone Golden Shoe

### Bluestone School students keen to win 'Golden Shoe'

Student council members Emma Kirkwood, Tanya Smith and Jack Rushton are running an Active Transport competition at Bluestone School to see which classes in the Junior and Senior syndicate have the highest percentage of children walking, scootering or biking to school.

They have spray painted two old running shoes gold and mounted them on a wooden plaque to present each fortnight at assemblies. Each class has an 'Active Transport' chart which the teachers complete on a daily basis and the Travel Plan student team collate

results at the end of each week to get an average over the fortnight.

The promotion of active transport has come about after a school travel plan survey was conducted at the end of last year and from that the school community are looking to decrease congestion at the school gate and improve the children's health and well-being by promoting active ways to get to and from school.

Also the installation of the traffic lights at the Church Street and Otipua Road intersection has now made this a much safer crossing point for children on their way to and from school.



Jack holding the Golden Shoe award for senior classes and Tanya with the junior one which are both up for grabs to the classes with the highest percentage of students actively getting to school.

Stacey Day - School Travel Plan Coordinator  
DD: 03 687-2626  
Email: [stacey.day@cdhb.health.nz](mailto:stacey.day@cdhb.health.nz)

## Timaru Metro Challenge Amazing Race

### Timaru's own "Amazing Race"

For the second year, WAVE assisted Debbie Eddington (ECAN) to run an event called 'Timaru Metro Challenge' for Year 11 - 13 students in the July school holidays.

The event is run along similar lines to the television programme 'The Amazing Race' and is an attempt to raise awareness of the town's bus services.

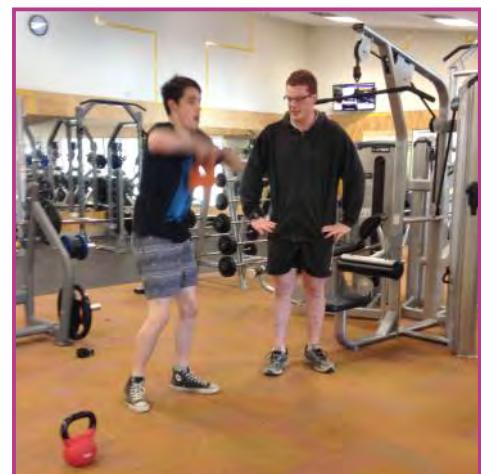
Twelve teams of two competed on the day which involved quizzes on all the bus routes, plus challenges which included planting & naming grasses on South Beach dunes, sorting rubbish in the Botanical Gardens, planning a nutritious meal for two adults at New World for under \$20, quizzes at the Museum and a physical activity at CBay.

Feedback once again from the students on the day was very positive, and it was great to see we increased our numbers of teams from just five last year to twelve this year!

### Timaru Metro CHALLENGE



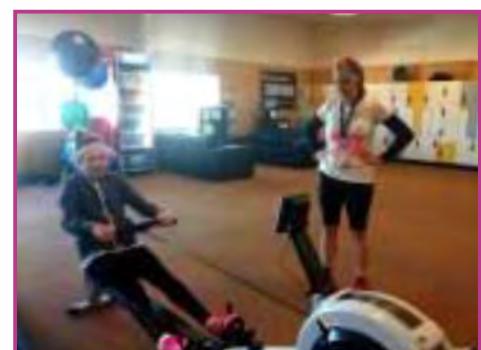
Katie Jacobs and Darian Walding of Mountainview High School working on a quiz at the Museum.



Fergus Speirs and Conor Pullar of Mountainview High School getting stuck in at the physical challenge at CBay Gym.



Ruby Hynes and Caitlin Dyball of Timaru Girls High School enjoying the planting of grasses at South Beach dunes, under the watchful eye of Jocelyn Papprill from Environment Canterbury and Kevin Moore, a contractor with Timaru District Council.



Olivia Grant shows some rowing skills while teammate Erica Phillips watches on in anticipation for her turn!

## Ka Toi Māori o Aoraki Festival - Awards 2014

In its eighth year running the FLAVA Festival, 'Ka Toi Māori o Aoraki', was held at the Theatre Royal on Friday, 15th August. Twenty-seven schools and early childhood centres from the Aoraki region, between the Waitaki and the Rakaia rivers, took part in Kapahaka, performing, arts, and contributed to visual arts.

The FLAVA festival is growing in numbers every year and provides students with an opportunity to discover and experience a breathtaking lens into Te Ao Māori (the world of

Māori), and an awe-inspiring opportunity to showcase and view their wonderful talent. At the same time, whānau, friends and the wider community were able to view the festival and enjoy a truly bicultural festival.

Once again, the festival was a huge success, with the Theatre Royal being packed to capacity for the full day. Groups that had clearly devoted long hours to perfecting their skills treated the audience to some incredibly colourful and exciting performances.

Category		Name	
	1st	2nd	3rd
<b>Overall Aggregate</b>	Bluestone and Grantlea Downs		Arowhenua Maori School
<b>Kapahaka Senior</b>	Nga Manukura - (TGHS & TBHS)	Te Iti Kahurangi - (Opihi & Mountainview)	Ashburton College
<b>Kapahaka Junior</b>	Bluestone	Ashburton Intermediate	Arowhenua Maori School
<b>Innovation</b>	Te Iti Kahurangi		
<b>Kakahu (costume)</b>	Arowhenua & Nag Manukura		Ashburton Intermediate & Waimataitai
<b>Kaea Tuakana (Male)</b>	Ashburton College	Haze Potai - Te Iti Kahurangi	Tom Adams - Nga Manukura
<b>Kaea Tuakana (Female)</b>	Ngahuia - Te Iti Kahurangi	Nga Manukura	Ashburton College
<b>Kaea Teina (Male)</b>	Sam Afleck - Waimataitai & Tobias Lomano - Arowhenua		Naziah Reihana - Grantlea Downs & Jake Mason - Timaru South
<b>Kaea Teina (Female)</b>	Makeisha Bower - Arowhenua Maori School	Rebekah Frame - Bluestone	Sonai Leigh Stephens Tahir - Ashburton Intermediate
<b>Performing Arts Senior</b>	Te Iti Kahurangi	Nga Maunkura	
<b>Performing Arts Junior</b>	Bluestone	Grantlea Downs	Arowhenua Maori School
<b>Visual Arts Senior (school)</b>	Geraldine High		
<b>Visual Arts Senior (individual)</b>	Rhiannon Brodie - Geraldine High		
<b>Visual Arts Junior (school)</b>	Grantlea Downs	Arowhenua Maori School	Geraldine High Year 8's
<b>Visual Arts Junior (individual)</b>	Shaun Millings - Bluestone		
<b>Te Reo</b>	Arowhenua Maori School		St Andrews & Te Iti Kahurangi

### FLAVA Lost Property



If anything here belongs to you, please contact Felicity McMillan on 027 407 6037 or 03 615 5180

### FLAVA DVD'S



Get in quick to purchase the last remaining FLAVA DVD's - \$15 each

To place your order contact Felicity McMillan on 027 407 6037 or 03 615 5180