Matariki in the night sky

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Matariki is...

- to plan,
- to learn,
- to share ideas,
- to reflect on the past,
- and to celebrate the future.



Suzy Waaka Māori Health Promotor

Matariki begins 25 June

WITH CHILDREN/STUDENTS:

- Create a quiet space indoors for Karakia, Whakatauki, Waiata.
- Identify the Matariki constellation in the night sky.
- The time of year that Matariki lies in the dawn sky.
- The significance of this Māori calendar event in Māori life.
- Draw a plan for a spring garden at kura (school) and begin to gather seeds.
- Design a star map to show where Matariki lies in the night sky during different times of the year.
- Prepare a report to show how the Māori calendar is used and the key events associated with Matariki.
- Design greeting cards to celebrate the event of Matariki that incorporate whakatauki.
- Investigate the different stories and names from the other cultures that celebrate Matariki.

WITH WHĀNAU AND COMMUNITY:

- Prepare a shared class or school feast to farewell the old year and celebrate the new year.
- Plant a tree in honour of the new year.
- Homework activities that connect students and their whānau with their local community, eg, visit Te Ana Rock Art Centre, Mt John Observatory, local Museum, Libraries, etc.

USEFUL LINKS:

- Te Iwa o Matariki Puka Ngohe: https://www.twoa.ac.nz/landing/Te-Iwa-o-Matariki-colouring-and-activity-book
- Te Ana Rock Art Centre: http://www.teana.co.nz/
- Te Papa Matariki Māori New Year: https://www.tepapa.govt.nz/learn/matariki-maori-new-year
- NZ History Online Matariki Māori New Year: https://nzhistory.govt.nz/classroom/matariki-maori-new-year
- WAVE Resources include: Celebrating Matariki; Matariki; Matariki the Māori New Year; The Seven Stars of Matariki.

To borrow these resources and other Māori Health resources: **www.wavesouthcanterbury.co.nz** Login using your setting's login details. Link to this article can also be found at our website: **www.wavesouthcanterbury.co.nz**

















