

# Food Detective

## Food and Nutrition in our Curriculum



### WORKSHOP

- NZ Curriculum-based food and nutrition modules (years 5-8),
- Ways to use WAVE resources in your curriculum programme (years 1-4)
- Food & Nutrition ideas that can **help improve educational outcomes**
- Tools that can support staff to review food and nutrition in their curriculum
- Follow up that suits your staff

*Healthy eating “advice” is everywhere ...  
... Which information should we use??*

### Logistics

- Workshop for 1 hour at a time that suits your staff!
- We will come to your school or a cluster.
- Available for all primary school staff who teach years 1-4, or years 5-8 (as per workshop breakdown).
- To sign up **register with your WAVE facilitator** with your preferred date and time. We will be in touch.



WELL-BEING AND VITALITY IN EDUCATION