

Here at BestStart Marchwiël we have enjoyed exploring our taste buds with a variety of colourful fruits and vegetables. What first began as a discussion with the tamariki over the colours of their fruits in their lunchboxes, soon turned into what colours have you seen in your fridge. The tamariki came up with a variety of ideas and shared these readily.

To celebrate our findings, the kaiako went shopping and bought a variety of fruits and vegetables from the list to incorporate in our kai. In the morning we created a rainbow platter of fruits, while the afternoon saw us indulging in a variety of vegetables.

