

WHAKAHEKE Ā WHAKAHAUMARU WAIPIRO / ALCOHOL HARM REDUCTION

Here are a range of helpful teaching resources and information for parents and whānau on alcohol and other drugs.

Teaching Resources

Alcohol and other drugs – teaching resources and information for parents & whānau

The New Zealand Health Education Association resource 'Alcohol and other drugs: A resource of teaching and learning activities for teachers of students in Years 9-13' is available online for teachers to freely access.

www.healtheducation.org.nz/resources/



Tūturu

Tūturu have developed a wide range of programmes and resources which were established through a whole-school approach. These are all evidence based to ensure effectiveness and sustainability, and is overseen by a governance group that includes representatives from the Ministries of Education and Health, the Health Promotion Agency and NZ Police. Tūturu have developed resources to help you as a school to engage with parents and the local community when introducing or restructuring an alcohol harm reduction approach.

tūturu.

www.tuturu.org.nz

School Alcohol Policy

This guide provides information for developing an alcohol policy for your school or educational facility. Having an alcohol policy means everyone is clear about the use of alcohol on your premises or at school events.

www.wavesouthcanterbury.co.nz/links-downloads/alcohol-harm-reduction/



Information for parents & whānau

There are some useful resources for parents which could be helpful to share via your newsletter or usual updates to parents and caregivers:

Alcohol and your teenager

This is a resource from WAVE which provides parents and caregivers with clear information regarding alcohol and young people. It also outlines responsibilities of parents and caregivers under the Sale and Supply of Alcohol Act 2012.



www.wavesouthcanterbury.co.nz/links-downloads/alcohol-harm-reduction/

Or for hard copies, contact your WAVE Facilitator.

Advice on Alcohol for parents and caregivers

Find practical information for parents and caregivers about:

- Delaying introducing alcohol and being a good role model
- Factors that influence young people's drinking
- What the law says about supplying to young people
- What to do when things go wrong

www.alcohol.org.nz/help-advice/advice-on-alcohol/for-parents-and-caregivers



Ensure your School Ball is a success

Information from this website notes that "School balls are managed by school staff and students and are generally very well run and are successful events. Any problems lie almost exclusively with the pre and after school ball functions.

This advice sheet has been compiled from a range of suggestions from both educators and the New Zealand Police. It is not a definitive list, but a guide to assist you in your school ball preparations".



www.police.govt.nz/advice-services/personal-and-community-safety/school-portal/information-and-guidelines/alcohol-and

Have you seen our Links & Downloads section on our website? WAVE has gathered various online guides, toolkits, websites and programmes for kaiako to access to assist your ECE and school in promoting healthy choices and lifestyles and to enable you to incorporate these programmes into your curriculum – including all the resources mentioned on this page. www.wavesouthcanterbury.co.nz/links-downloads/

If you need further assistance or more information on these toolkits and programmes, please contact your WAVE Facilitator.

