

AUAHI KORE / SMOKEFREE

Here is a range of helpful teaching resources and information to support a whole of kura approach to smokefree and vape-free.

Visit: www.wavesouthcanterbury.co.nz/links-downloads/auahi-kore-smokefree/

We encourage you to look at the New Zealand Health Education Association's article about vaping in the December 2019 issue of Hauora Matters. This includes teaching and learning ideas and links to resources for teachers to use.

Visit: www.healtheducation.org.nz/wp-content/uploads/2019/12/Hauora-Matters-December-2019.pdf

Pūkahukahu Iti - Little Lungs -

Supporting and advocating for Smokefree environments for our tamariki

This programme provides simple ideas for confidently delivering smokefree messages to parents and caregivers, tools for ECE to promote smokefree environments, smokefree resources relevant to early childhood, and on-going support to develop a smokefree action plan.



Contact your WAVE Facilitator for more information.

REDEVELOPED: COMING TO OUR WEBSITE SOON

Smokefree at Schools

A smokefree school involves the whole school community. When parents, whānau and staff are working together with a shared understanding of what keeps young people smokefree, it increases young people's chance of remaining smokefree for life. The "Our Smokefree School/He Kura Auahi Kore: A Practical Guide to Being a Smokefree Community" is designed to support schools to embrace the smokefree kaupapa



Visit www.smokefree.org.nz

Other useful websites:

Community & Public Health: www.cph.co.nz/your-health/smokefree

Smokefree: www.smokefree.org.nz

VapingFacts: www.vapingfacts.health.nz

Te Hiringa Hauora: www.hpa.org.nz/programme/tobacco-control

The Fresh Air Project: www.freshairproject.org.nz/find-a-venue/south-canterbury

Kick Ash: www.scdhb.health.nz/services/mental-health-and-addictions/smokefree

Arowhenua Whānau Services: www.aws.health.nz

Quitline: www.quit.org.nz

Keeping it fresh!

Smoke and vape free - So much more than a sign on the gate!

Keeping the Air Fresh at your kura, so tamariki can have the best possible environment to grow and flourish.

UPDATE: Legislative Requirements: **Smokefree Environments**

Under the Smokefree Environments and Regulated Products (Vaping) Amendment Act 2020 (1) all schools, kura kaupapa, early childhood education centres, and kōhanga reo must be smokefree and vape-free - indoors and out, 24/7.

From 11 May 2021, all schools, early childhood and tertiary education facilities must:

- take reasonable steps to ensure that no person smokes or vapes in any part of your centre, whether inside or outside, at any time of day.
- display 'no vaping' alongside or in combination with no smoking signage. Signs must be prominently displayed at or immediately inside every entrance to the premises and every entrance to all buildings or enclosed areas on the premises. This excludes buildings and areas not usually in use.

NAG 5 outlines the requirements of schools. See web link 1. on the next page to find out what that means in terms of being smokefree and vape-free.

Vapefree Signs

Vapefree stickers (in English and Te Reo) are free. You will be sent stickers based on the number of buildings registered with the Ministry of Education. More stickers can be ordered from the Health Promotion Agency.

