

Paraihe Niho Waiata (pa-rai-he)

by Rubyanne Reihana
to the tune of Frère Jacques
with signs from NZSL



Paraihe niho

Paraihe niho



Brush your teeth

Brush your teeth

ia ra

ia ra

Every day

Every day

Paraihe i te ata

Paraihe i te po



Brush in the morning

Brush in the evening

Mene mene mai

Mene mene mai



Keep me smiling

Keep me smiling